

## **CONTACT US**

FACEBOOK: Banthongyord badminton school

 ${\sf INSTAGRAM}: {\sf Banthongyord}$ 

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# FRIENDLY MATCH PROGRM

- Minimum 20 Players
- Provide trophy, certificate and gifts
- Can customize the Friendly match as required.

# **SINCE** 1991

### Standard Courts

A cafeteri, Two dormitorie, a retail badminton shop, and more than hundred free parking spaces.

### Worldclass Coaches

Our teacher has enormous experience in badminton

#### **Dormitories**

Banthongyord Badminton School is well equipped, with beautiful landscape and clean, safe environment



# BANTHONGYORD BADMINTON SCHOOL

www.banthongyordbadmintonschool.com

### TRANSPORTATION RATE

\*\* one - way

(airport - Banthongyord or Banthongyord - airport )\*\*

• BUS: 400 USD (30 seats)

• VAN: 100 USD (7 seats)

• CAR: 80 USD (3 seats)



## **ADDRESS**

Banthongyord Badminton School 136/7 Phuttamonton sai 3 Rd.

Bangphai, Bangkhae, Bangkok 10160

# TRAINING FEE RATE / 1 PERSON

\*\*This rate for Group training + Physical training + Free accommodation \*\*

• 1 session (2 hrs.)	40	USD
• 1 session (3 hrs.)	50	USD
• 1 day	100	USD
• 1 week	400	USD
• 2 weeks	800	USD
• 3 weeks	1,100	USD
• 1 month	1,200	USD

# PRIVATE TRAINING FEE RATE / 1 PERSON

<ul> <li>8 hours with Coach A</li> </ul>	500	USD
• 8 hours with Coach B	400	USD
<ul> <li>8 hours with Coach C</li> </ul>	350	USD



#### For 1-2 Person

•	1 Night	70	USD
•	1 week	400	USD
•	1 Month	1,200	USD



# TRAINING PROGRAM

### PHYSICAL TRAINING

Regular exercise and physical activity increase muscular and bone strength. It promotes respiratory, cardiovascular, and general wellness. This is the primary foundation of all sports, including BADMINTON. (2 hours)

#### **BADMINTON TRAINING**

Enhance your badminton abilities in all dimension Developing new strategies and tactics in our style. (3 hours)